DREAM IS POWER

8612R/8612RP

細讀並了解此重要警告及提醒

READ AND UNDERSTAND THESE WARNINGS AND CAUTIONS

警告 WARNING：

- 為避免火災、觸電、燒傷或受傷，在操作或允許任何人使用跑步機前，要閱讀或充分瞭解以下重要提醒。
  In order to reduce the risk of fire, electric shock, burns or injury to any and all persons, read and understand the following important precautions and information before operating or allowing others to operate the treadmill.

- 爲避免燒傷、火災、觸電導致受傷，本機器不得在接通電源狀態下放置無人看管，當不使用跑步機或拆裝零件時，要確定插頭已拔除。
  To reduce the risk of burns, fire, electric shock, or injury to persons an appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.

危險 DANGER：

- 為減少觸電危險，在使用後或清潔前，必須立即拔除插頭以阻絕電源。
  To reduce the risk of electrical shock alway s unplug this appliance from the electrical outlet immediately after using and bef ore cleaning.

1. 不要在密閉空間使用跑步機，並保持空間無棉絮、毛髮或其他塵屑；請勿在柔軟的表面使用跑步機如床，臥榻所在空氣被阻絕的密閉空間。
   Never operate the treadmill with the air openings blocked. Keep the air openings free of lint, hair and the like. Never operate the treadmill on a soft surface such as bed or a couch where the air openings may be blacked.

2. 保持使用機器週邊空間的淨空，勿堆放其他物品。
Never drop or insert any object into any opening.

3. 絕對不允許超過一人以上同時使用跑步機。
Never allow more than one person on the treadmill at a time.

4. 拔掉插頭前應將電源先行關閉。
To disconnect, turn all controls to the off position, then remove plug from outlet.

5. 除非拔除電源線，否則勿移動跑步帶;當電源線或插頭有損壞時，不得使用跑步機。
Never move the walking belt while the power is turned off. Do not operate the treadmill if the power cord or plug is damaged.

6. 當啟動跑步機時，勿站在跑帶上並以低速起步，步上跑帶時應手握扶手，以策安全。
Do not stand on the walking belt when starting the treadmill. Allow belt to start at a slow speed before stepping onto it. Always hold the handrails when stepping onto the belt.

7. 此跑步機可達高速度，調整速度應以小級距調升速度，避免瞬間升高速度。
This treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden jumps in speed.

8. 每3個月定期檢查或拴緊跑步機零件，檢查電源線有無損壞或不當使用，如有損壞都不得使用跑步機。
Inspect and tighten all parts of the treadmill every three months. Inspect the power cord for any damage or abuse. If the power cord is damaged in any way do not use the treadmill.

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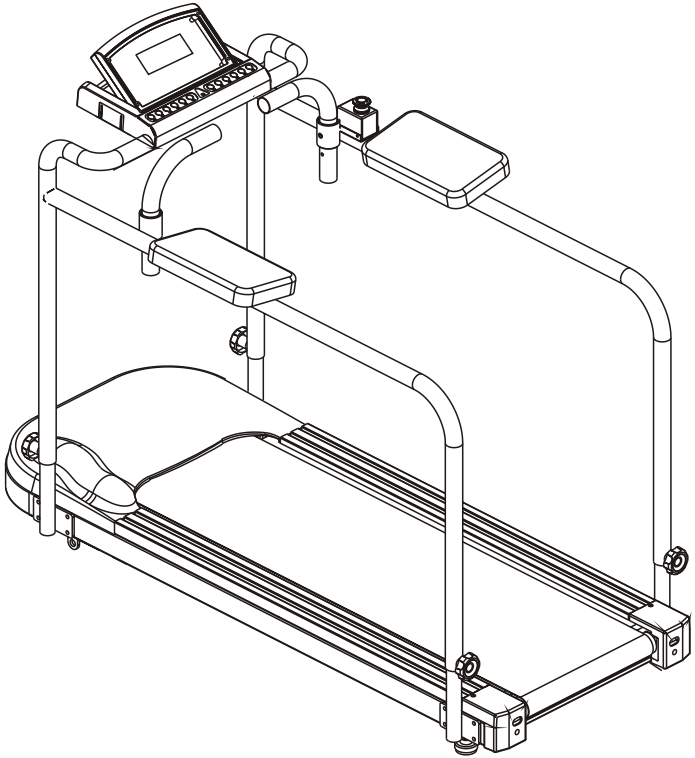
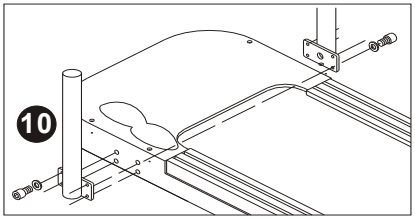
Length : 1620mm
Width : 680mm
Handle Height : 1000~1200 m/m
Machine Weight : 74/78.5kg
Speed : 0.1-10km/h
Max user's weight : 120kg

長 度 ： 1620mm
寬 度 ： 680mm
扶 手 高 度 ：1000~1200m/m
機 器 重 量 ：74/78.5kg
速 度 ： 0.1-10km/h
最 大 使 用 者 體 重 ： 120kg



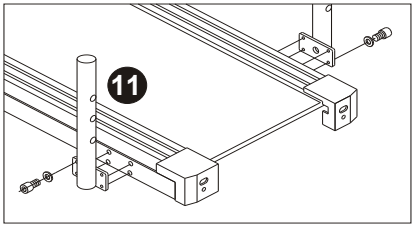
步驟 1
STEP 1



1. 將10號前立柱底管兩側對準車身孔位後，使用5號M8*25螺絲及6號六角扳手鎖緊即可。

Assemble #10 Front post base to the 2 sides of frame and lock them tightly by #5 Bolts & Washers with #6 Allen wrench.

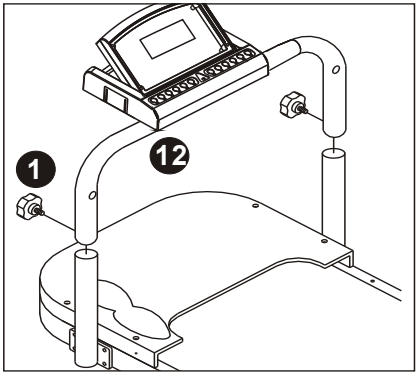
步驟 2
STEP 2



2. 將11號後立柱底管兩側對準車身孔位後，使用5號M8*25螺絲及6號六角扳手鎖緊即可。

Assemble #11 Rear post base to the 2 sides of frame and lock them tightly by #5 Bolts & Washers with #6 Allen wrench.

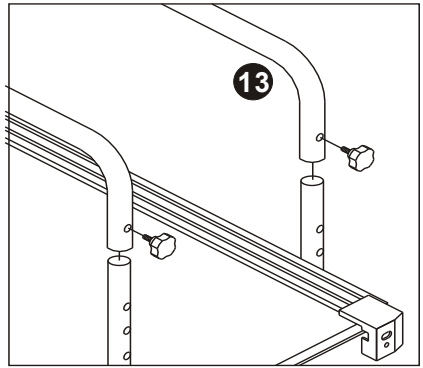
步驟 3
STEP 3



3.將12 號電子錶前扶手組對準兩側前立柱底管孔位後插入 ，用1號M 1 0 * 2 5梅花旋鈕鎖緊。

Point and assemble #12 Console & Handle set onto front post base, then lock it with #1 Knob tightly.

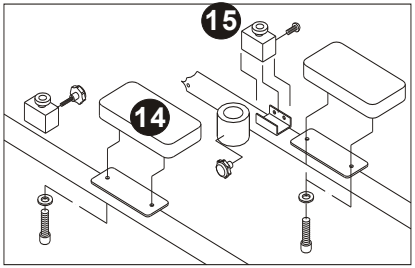
步驟 4
STEP 4



4. 取出13號左右扶手兩側對準後立柱底管孔位後插入，用1號M10*25梅花旋鈕鎖緊。

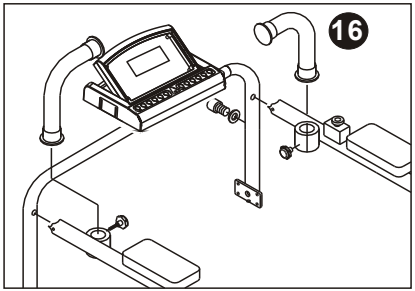
Assemble #13 2 side handle bars onto rear post and lock them tightly with #1 Knob .

步驟 5
STEP 5



5. 取出14號扶手墊，用5號M8*25螺絲及，6號六角扳手鎖在扶手墊座上，並將15號緊急開關盒用4號 M4*8螺絲鎖於兩側固定座，使用7號多功能十字扳手固定。
Assemble #14 Armrest on the 2 side handle bars by #6 Allen wrench & #5 Bolt M8x25. Then lock up #15 Emergency button on handle bars with #4 Screw (4x8mm)& #7 Open Wrench.

步驟 6
STEP 6



6. 將12號電子表前扶手組兩側上端，用3號M8*60螺絲鎖於13號左右扶手前端，並取出16號L型扶手插入圓形扶手內環，以2號M8*25梅花旋鎖上。 完成所有組裝步驟。
Assemble #12 Console & Handle set to the upper front end of #13 Side handle bars and lock them with #3 Bolt & washers. Then insert #16 L Shape Handle to the inner ring on Side handle bars to lock up with #2 Knob. Finish all assembling steps in above steps.

A. 視窗說明/Display description :

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1. 速度視窗/（SPEED)：顯示跑步帶運行的速度，單位為公里/小時（km/H），精度為0. 1正向範圍 0.1-10公里，反向範圍0.1-5公里
   Speed display：It shows running speed（KM/H）in an increment of 0. 1 forward speed range is in range of 0.1-10km, backword speed is of 0.1-5km.

2. 距離視窗/（DISTANCE)：顯示運行的距離，單位：公里，精度：0.1公里。當跑步機出現故障時， 顯示故障代碼。相同故障碼請參閱困難排除章節。
   Distance display：It shows distance walked (KM) in an increment of 0.1. It would shows error code in case of trouble is happened.Refer to the section of trouble Shooting for the details.

3. 時間視窗/（TIME ）：1.3.1顯示運行的時間，顯示範圍（0:00-99:59）。
   Time display：It shows Time in range of 0:00-99:59.

4. 熱量/（CALORIES）：顯示使用者消耗的熱量，單位：千卡。
   Calories display：It shows calories consumed.

5. 心率(PULSE)視窗：顯示使用者每分鐘的心跳次數。
   Heart rate display：It show heart beat a minute in kcal.

6. 坡度(**INCLINE**)視窗：顯示運行時跑步機的仰角級數顯示範圍**1~15**。
Incline display：It shows Incline level, in range of 1~15.

7. 步數(**PACE**)視窗：顯示跑步者所走的步數; 請注意要使步數計算正確應維持速度平穩;過大的速度變化會使步數計算產生明顯誤差。
Step PACE display：It shows step user walking. In order to count pace correctly, please keep speed at a stable condition. It will make counting with a big difference during speed is changed sharply.

8. 環形跑道：模擬顯示**400**米跑道，通過閃爍的**LCD**燈指示使用者在跑道上的位置。
Race Track：It indicates the location user walking in 400 meter Race with LCD blinks.

＊ 在使用面板介面前先確認螢幕是否被安全系統鎖住、若是要先行解鎖才可使用，請參考P9操作說明章節步驟三
Ensure if the console set is locked or not before operation, Refer to P9 the section of Operation steps. 3 for details of unlocked.

B.按鍵功能/Key pad function

1. **“**開始/停止"(**START/STOP**)鍵/**START/STOP key**：
按此鍵跑步機開始或停止運行。
Press it to start or stop operation.

2.速度增加"**SPEED+**"鍵/ "**Speed +”increase k**ey：
運行時按此鍵可增加速度；參數設定時，按此鍵可修改參數。
Press it to increase speed or change settings in value up.

3. 速度減少"**SPEED-**"鍵/ "**Speed -" decrease key**：
運行時按此鍵可減小速度；參數設定時，按此鍵可修改參數。
Press it to decrease speed or change settings in value down.

4. “模式"(MODE)鍵/MODE key：

按此鍵可選擇4個倒數模式：時間倒數模式、距離倒數模式、熱量倒數模式、步數倒數模式；2個使用者自定程式：U1、U2以及2個HRC程式：H1、H2。

Press it to choose one from 4 counting down mode (Time counting down, Distance counting down, Calorie counting down & Step counting down, 2 User's (U1 & U2), and 2 HRC (H1 & H2).

5. "設定"(ENTER)鍵/ENTER key :

a)在U1、U2程式下按此鍵可以設定1—10段的坡度。

In U1 or U2 mode press it to set incline level selected by Incline key.

b)在H1、H2程式下按此鍵可以設定時間及年齡。

In U1 or U2 mode press it to set time and age.

6. 正反向走路切換設定（F/R）：此跑步機提供倒走訓練功能，項目建議使用者視個人身體情況並徵詢專科醫師或教練之意見再行使用此功能，並充分注意使用上安全。

Forward/Backward key （F/R）：This is a special training function that the user is propssed to consult with specialist doctor or coach in individual physical condition before use.

a) 待停機時同時按下F/R鍵和速度(SPEED-)鍵，拿掉安全卡再放回去，切換到倒走功能；

In idea mode press F/R & Speed- key and take off safety key, put it iuplace again then it shifts to function of walking backward.

b) 停機後同時按下F/R鍵和速度(SPEED+)，拿掉安全卡再放回去，切換到正走功能。

Stop treadmill to press F/R & Speed+ key and take off safety key, then it shifts to function of walking forward.

7. 速度快速鍵/**Quick Speed key**

a) 速度快速鍵**2**：按此鍵可快速選擇速度**2km/H**。
Quick button 2：Press it to shift speed at 2km/H.

b) 速度快速鍵**4**：按此鍵可快速選擇速度**4km/H**。
Quick button 4：Press it to shift speed at 4km/H.

c) 速度快速鍵**6**：按此鍵可快速選擇速度**6km/H**。
Quick button 6 ：Press it to shift speed at 6km/H.

8. 坡度上昇(UP)鍵/**Incline UP key**：
運行時按此鍵可增加坡度；參數設定時，按此鍵可修改坡度參數。
Press UP key to increase Incline level, or change incline settings.

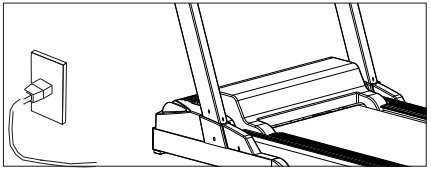
9. 坡度下降(DOWN)鍵/**Incline DOWN key**：
運行時按此鍵可減小坡度；參數設定時，按此鍵可修改坡度參數。
Press DOWN key to decrease Incline level, or change incline settings.

＊以上坡度按鍵只適用8612RP有裝置仰角功能的機種.
＊ **Above Incline buttons are for model 8612RP only with Incline function.**

開始運動/START YOUR WORKOUT

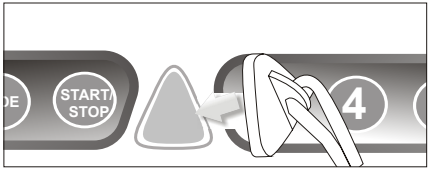
第一步驟/STEP1：

插上電源，打開開關。
Turn On Power Switch.



第二步驟/STEP2：

放上安全卡(8號零件)。
Place Safety Key (Part# 8).

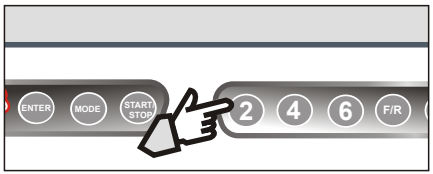


第三步驟/STEP3：

跑道螢幕內顯示鑰匙表示，螢幕操控被鎖住，取出零件#17 遙控器按下"UNLOCK"解鎖，即可進行面板操作。
When the dispaly shows a signal of Key to lock computer system, enable buttons please press UNLOCK button on your key pad controller.

第四步驟/STEP4：

選擇功能請按以下說明操作
Select Mode function in following steps at your choice.



A. 快速開始模式/手動模式 **/QUICK START OF MANUAL MODE**：

1. 在待機狀態下，按“START/STOP" 開始/停止 鍵，顯示倒計時“**3**、**2**、**1**”後，跑步帶開始運行。啟動後，速度和坡度可以按需要隨時調節。

In idle mode, press START/STOP key, display shows 3 >> 2 >> 1. Then running belt starts to move. Then the speed and incline can be adjusted at want.

2. 按下“開始/停止”(START/STOP)鍵後，跑步帶將慢慢停止。

After pressing the "START / STOP" button, the running belt will grind to a halt.

B. 倒數控制模式/**Counting down mode**：

在待機狀態下，按“MODE”模式鍵，可選擇 **4** 種倒數控制模式：時間倒數模式、距離倒數模式、熱量倒數模式、步數倒數模式。

In idle mode, press MODE key to choose one from 4 counting down modes of Time, Distance, Calorie and Step.

1. 時間倒數模式 **/Time counting down mode**：

a. 在待機狀態下，按一下“模式”(MODE)鍵，可進入時間倒數模式。

In idle mode, press MODE key to enter to Time counting down mode.

b. 時間（**TIME**）視窗顯示“**15**：**00**”，按“SPEED+或 SPEED-”鍵可以調節預設值，調節幅度**1**。

Time display shows 15:00. Press SPEED + or SPEED – to adjust value in an increment of 1.

c. 按“開始/停止”(START/STOP)鍵，顯示倒計時“**3**、**2**、**1**”後，跑步帶開始運行。
Press START/STOP key, display shows 3 >> 2 >> 1. Then running belt starts to move.

d. 時間倒數結束前，蜂鳴器響三聲提醒。
It sounds 3 times as alert before time count up.

2. 距離倒數模式 **/Distance counting down mode**：

a. 再次按下“模式"(MODE)鍵，可進入距離倒數模式。
Press MODE key again to enter to Distance counting down mode.

b. 距離（DISTANCE）視窗顯示“**50.0**”，按“速度+、-”鍵可以調節預設值, 調節幅度**1**。
Distance display shows 50.0, press Speed + or Speed – to adjust value in an increment of 1.

c. 按“開始/停止”(START/STOP)鍵，顯示倒計時“**3**、**2**、**1**”後，跑步帶開始運行。
Press START/STOP key, display shows 3 >> 2 >> 1. Then running belt starts to move.

d. 距離倒數結束前，蜂鳴器響三聲提醒。
It sounds 3 times as alert before distance count up.

3. 熱量倒數模式 **/Calorie counting down mode**：

a. 再次按下“模式”(MODE)鍵，可進入熱量倒數模式。
Press MODE key again to enter to Calorie counting down mode.

b. 熱量（CALORIES）視窗顯示“**1.0**”，按“SPEED+或 SPEED-”鍵可以調節預設值，調節幅度 **0.1**。
Calorie display shows 1.0, press SPEED + or SPEED – to adjust value in an increment of 0.1.

c. 按“開始/停止”(START/STOP)鍵，顯示倒計時“**3**、**2**、**1**”後，跑步帶開始運行。
Press START/STOP key, display shows 3 >> 2 >> 1. Then running belt starts to move.

d. 熱量倒數結束前，蜂鳴器響三聲提醒。
It sounds 3 times as alert before Calorie count up.

4. 步數倒數模式/**Step counting down mode**：

a. 再次按下**“**模式**”**(MODE)鍵，可進入熱量倒數模式。
In idle mode, press MODE key to enter to Step counting down mode.

b.步數視窗顯示“**1000**”，按“速度+、-”鍵可以調節預設值，調節幅度**100**。
Step display shows 1000. Press Speed + or Speed – to adjust value in an increment of 100.

c. 按**“**開始**/**停止**”**(START/STOP)鍵，顯示倒計時**“3**、**2**、**1”**後，跑步帶開始運行。
Press START/STOP key, display shows 3 >> 2 >> 1. Then running belt starts to move.

d. 熱量倒數結束前，蜂鳴器響三聲提醒。
It sounds 3 times as alert before step count up.

C. 程式控制模式/ **Program mode**：
在待機狀態下，按“模式”(MODE)鍵，可選擇**4**種使用者控制程式（**U1**、**U2**、**H1**、**H2**）
In idle mode, press MODE key to select one Program control mode from U1, U2, H1 or H2

1. 使用者控制程式**U1 /User control mode U1**

a. 時間視窗顯示“**10**：**00”**，按“SPEED+或 SPEED-”鍵可以調節預設值，調節幅度**1**。
Time display shows 10:00, press SPEED + or SPEED – to adjust value in an increment of 1.

b. 按“設置”(ENTER)鍵確認，同時進入到第**1**小段的速度編輯。
Press ENTER key to enter to set speed in 1st segment.

c. 按“速度+、-”鍵可以調節速度預設值；按“坡度+、-”鍵可以調節坡度預設值。
Press Speed + or Speed – to adjust value on speed, And press Incline UP or DOWN to adjust incline level.

d. 按“設置”(ENTER)鍵確認，同時進入到下一小段的速度編輯。
Press ENTER to enter into next segment for settings.

e. 編輯完**10**小段，按“開始/停止”(START/STOP)鍵，顯示倒計時“**3**、**2**、**1**”後，跑步帶開始運行。
Once make settings for all 10 segment, press START/STOP key, display shows 3 >> 2 >> 1. Then running belt starts to move.

f. 程式結束前，蜂鳴器響三聲提醒。
It sounds 3 times as an alert before finish U1 program.

2. 使用者控制程式 **U2/User control mode U2**：
再次按下“模式”(MODE)鍵，可進入使用者控制程式**U2**，設置及使用方法同**U1**。
Press MODE again to enter into user control mode of U2. All settings is same as described in section of U1.

3. HRC心率控制程式**H1/Heart Rate Control Mode H1：**

a. 再次按下“模式”(MODE)鍵，可進入**HRC**控制程式**H1**。
Press MODE key again to enter into HRC mode H1.

b. 按“設置"(ENTER)鍵時間視窗顯示“**10**：**00**”，按“速度+、-”鍵可以調節預設值。調節幅度－**1**。
Press ENTER key, Time display shows 10:00. Press Speed + or Speed – to adjust value in an increment of 1.

c. 再次按“設置”(ENTER)鍵年齡視窗顯示 **“30”**，按“速度+、-”鍵可以調節預設值。
Press ENTER key again, Age display shows 30. Press Speed + or Speed – to adjust value.

d. 調節完成按“開始/停止”(START/STOP)鍵運行。
Press START key to exercise.

e. 程式結束前，蜂鳴器響三聲提醒。
It sounds 3 times as alert before finish H1 program.

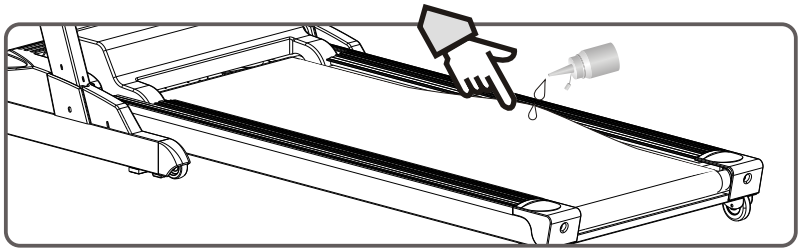
4. HRC心率控制程式**H2/Heart Rate Control Mode H2 :**
再次按下“模式”鍵，可進入使用者控制程式H2，設置及使用方法同H1。
Press MODE again to enter into user control mode of H2. All settings is same as described in section of H1.

A. 跑步帶的保養：

為了確保機器的最佳狀態，每使用50小時或1~2個月後，請於跑步帶與跑步板間加上潤滑矽油，請勿加上太多的潤滑油，可能會導致跑步帶打滑。

Lubrication for the running belt :

In order to keep the machine in the best condition , please inject some Silicone Oil between the running belt and the running board after 50 hours or 1 To 2 month of use But the running belt may slip , if you lubricate too much .



※ To Lubricate the belt please pull the walking belt up and injection the silicone oil into the gap between belt and walking deck.

B. 調整跑步帶：

因為每個人使用跑步機的方法不同，會造成跑步帶不平均的鬆動，導致跑步帶偏移，此時您必須將跑步帶調整至正常狀態 。

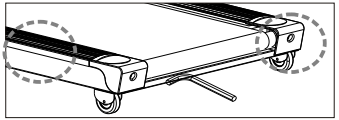
請依下列步驟進行調整：

Adjusting running belt:

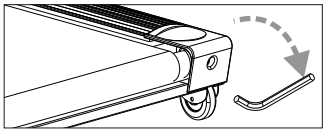
You need to adjust the walking belt to the normal position per the following steps If it is off . Because it would get loose caused by pursuance usage habit.

1. 設定速度為3至6公里
   Set Speed at 3 to 6 km.

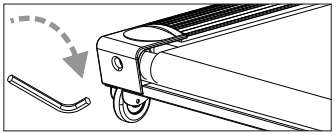
2. 用六角扳手(6號工具)調整機器支架尾端的螺絲鬆緊度。
   Use allen key to adjust the belt tension bolt on the end cap of the system frame.



3 .如果跑帶偏向右邊 將右邊的螺絲朝順時鐘方向調整。
   If you want to move the belt towards left, turn the right tension bolt clockwise.



4 .如果跑帶偏向左邊，將左邊的螺絲朝順時鐘方向調整。
   If you want to move the belt to wardsright, turn the left tension bolt clockwise.



提醒您！

若跑步帶沒有偏移時，要調緊跑帶時，請將右邊與左邊的螺絲向順時針方向調整一樣多，才可平衡跑帶。

REMIND !

You do need to adjust the left tension bolt as much as the right tension bolt in case the belt is not off but too loose.

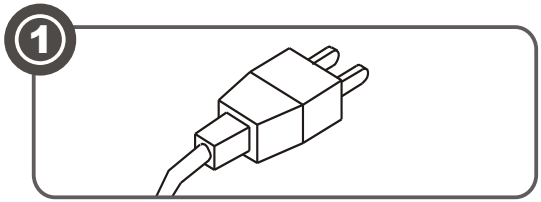
5. 若已按上述步驟操作仍無法調整時，此跑帶可能已經受損，請洽經銷商更換新的跑帶。
   If you have already done according to the steps above and it is still not at the good range then the running belt should be damaged already, please contact your local dealer for replacement.

提醒您！ 若要檢查線路板內的任何動作時，請先確定電源插頭已拔掉，以免受傷觸電。

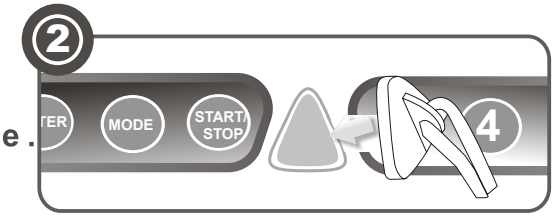
REMIND ! Before you inspect the circuit board , please ensure that the power supply has been turned off already , or you may get shock .

A. 面板顯示燈不亮時：
No lights on the display：

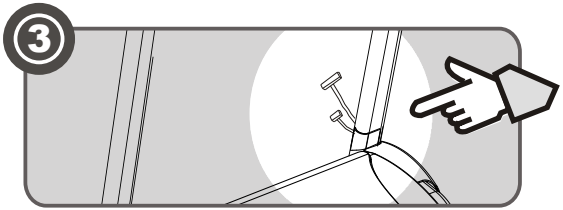
1. 請檢查是否接上電源插頭。
   Check if the power plug is properly connected .



2. 請檢查安全卡是否放置於面板卡槽內。
   Check if the safety key on the computer is in place .

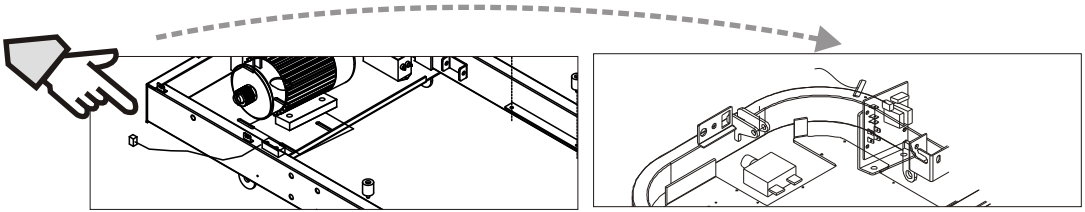


3. 請檢查右邊支撐桿內的接頭是否鬆脫。
   Check if the wire in the right post is securely connected .

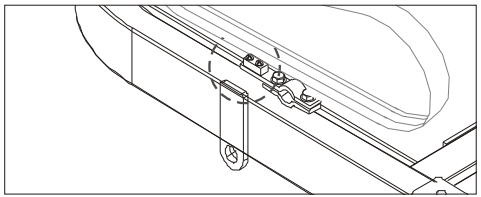


B. 跑步帶不動，或三秒鐘內自動停止運轉，或跑步機距離窗口顯示 ER1:
Running belt does not move or shut down within 3 seconds or DI STANCE window shows ER1：

1．請檢查機身前方左邊的速度感應線是否連結在右邊的控制板上。
Please check if the speed sensor on the upper left side of the treadmill beside the front roller is properly connected to the controller board .



2. 請檢查感應器是否距離前滾桶上的磁鐵太遠。
Please check if the distance in between magnet and sensor is pronely located.



3. 請檢查感應磁鐵是否掉了。
Please check if the magnet on the front roller is fall off.

*若出現其他錯誤代碼 請就近連絡經銷商維修。
Connect local dealer for repair if any other error code shown or you can't solve the problem.

C. 螢幕出現錯誤代碼 **SAFE：**表示安全卡脫落排除指南如下
Error code SAFE is shown: Safety key is dropped follow trouble shooting steps in below：

1. 檢查安全開關是否放在指定位置。
Check if safety key is in right place.

2. 檢查磁簧開關插頭是否鬆動或脫落。
Check if magnetic is loose or dropped.

3. 檢查或更換磁簧開關。
Check magnetic to change if necessary.

4. 檢查連接線是否鬆動、脫落或損壞。
Check if connection cables are loose, drop or damage.

5. 檢查或更換控制器。
Check controller to replace in case of trouble caused.

D. 部分或全部按鍵不好用/**Key button malfunction：**

1. 檢查按鍵插頭是否鬆動或脫落。
Check plug inserted firmly from loose.

2. 檢查或更換按鍵板。
Check keypad to replace if necessary.

3. 檢查或更換電子錶板。
Check computer PCB to replace if it is broken.

4. 揭開電子錶貼膜，試驗各按鍵是否正常。
Check membrane on PCB if workable.

5. 揭開扶手開關貼膜，試驗各按鍵是否正常。
Check if any component is crashed.

6. 檢查各按鍵是否被其他零件擠壓。
Check whether all the keys are pressed other parts.

E. 電子錶無顯示排除指南/ **Console no display Trouble shooting**：

1. 檢查輸入電壓是否在允許範圍：**AC 90-240V**。
Check if electric voltage is used correctily range AC 90-240V.

2. 檢查電跑機臺上的開關是否打開
Check if turn on the switching power cord on body frame

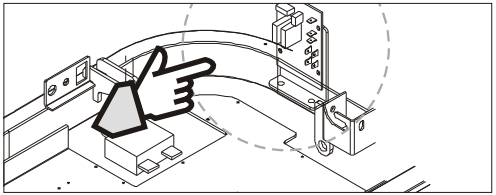
3. 檢查電源插座內的保險絲是否熔斷。如已熔斷，請以備用保險絲 更換之。
Check if the fuse in plug socket is burned out. Replace it if yes.

4. 檢查控制器，**LED**燈是否點亮。
Check if computer PCB if LED light on

5. 檢查各連接線。
Check all cables in connection properly

6. 檢查或更換電子錶板。
Check console PCB to replace it in case of trouble caused.

F. 仰角失靈/ Power Incline Does Not Work

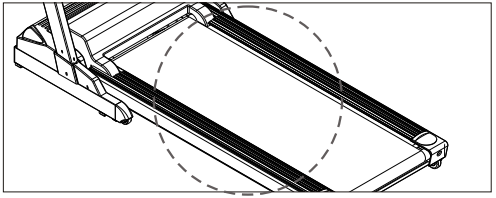


1. 請啟動跑步機，確定跑步帶有在運轉。
Please start your treadmill, make sure the walking belt is moving.

2. . 檢查控制器PCB板內的所有線路是否有鬆脫現象。
Check if all connection with cables on the controller PCB is loose off, or not.

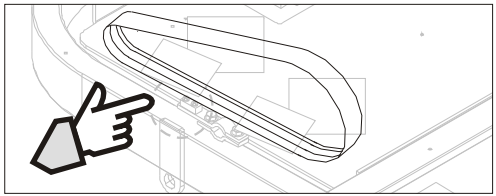
G. 跑步時有滑帶的感覺/Running Belt Slips :

1. 請確定跑步帶不會太鬆。
   Make sure the running belt is not too loose.
2. 請確定馬達皮帶不會太鬆。
   Make sure the motor belt is not too loose.



H. 跑步機傳出不正常噪音時/ Abnormal Noise From The Treadmill :

1. 請檢查機器是否有螺絲鬆動。
   Check if any screws of the treadmill are loose.
2. 請檢查馬達皮帶是否過鬆或偏移。
   Check if the motor belt is off.
3. 請檢查跑步帶是否過鬆或偏移。
   Check if the running belt is off.

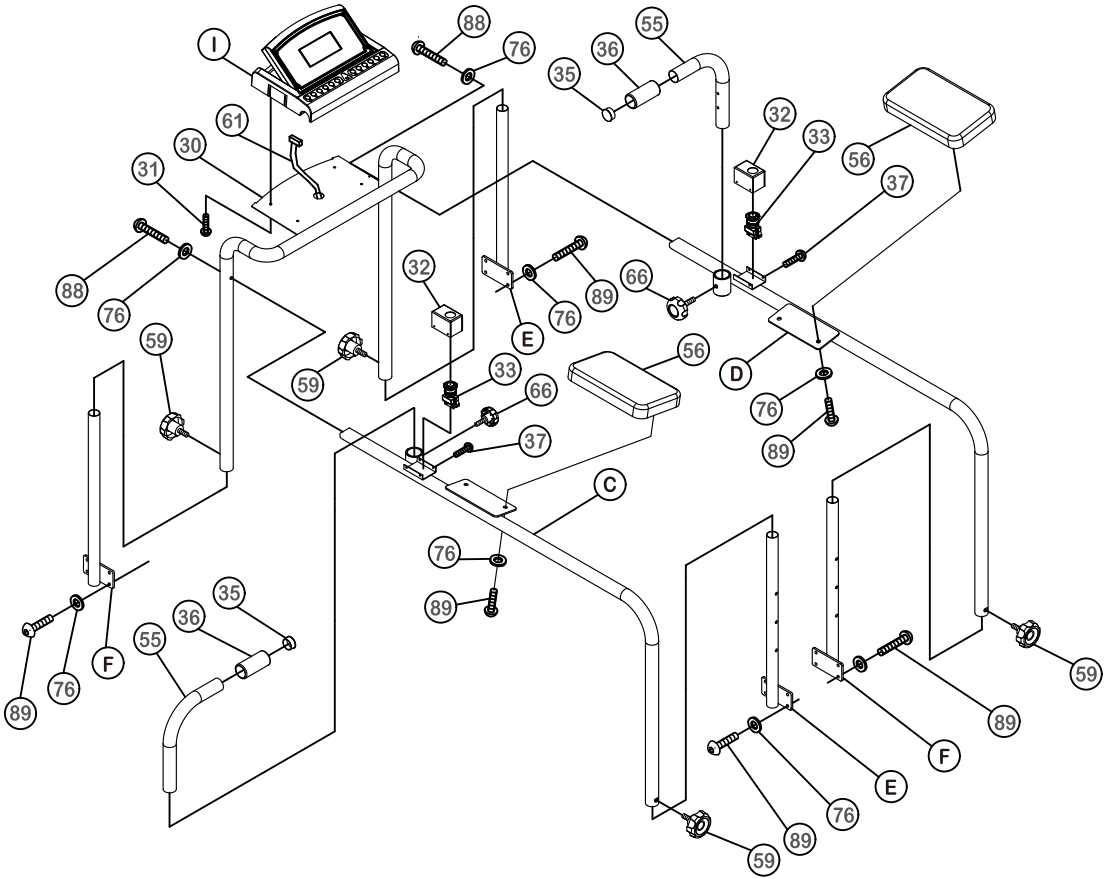


※ 備註　如果按照上述步驟無法將故障排除時，請洽當地經銷商處理。

Note : Please contact your local dealer if you have checked all the above listed items but the problem is still there.

運動程度 / 年齡 / 心跳	運動極限	運動中 正常運動中該達到的心跳數		初運動	運動前
10歲	198	166	140	113	87
20歲	189	161	136	110	85
30歲	179	155	131	108	84
40歲	172	150	127	105	82
50歲	165	144	123	102	81
60歲	158	138	119	99	80
70歲	151	133	115	98	78
運動感覺	感覺很累	感覺累但是可以持續運動	俱恢復疲勞效果	全身有運動的感覺	身體最舒適時刻

Exercising Level / AGE / Heart Beat	The Up Limit Of Exercise	During Exercise (Regular heart Beat Rates)		At The Beginning Of Exercise	Before Exercise
AGE 10	198	166	140	113	87
AGE 20	189	161	136	110	85
AGE 30	179	155	131	108	84
AGE 40	172	150	127	105	82
AGE 50	165	144	123	102	81
AGE 60	158	138	119	99	80
AGE 70	151	133	115	98	78
Exercise Feeling	Feel Very Tired	Feel Tired But Can Continue	Feel Refreshed	Feel The Whole Body Exercise	The Most Comfortable Moment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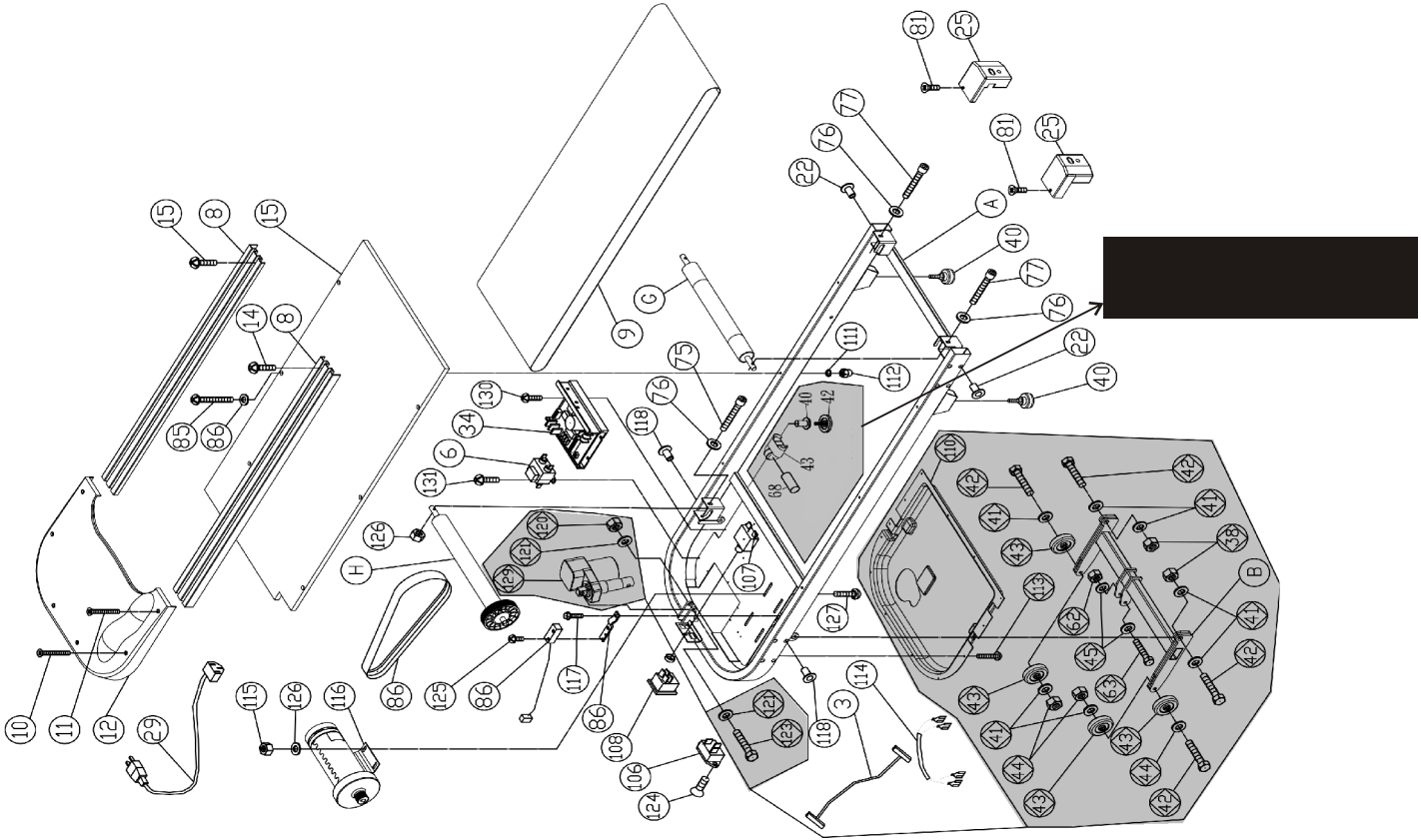
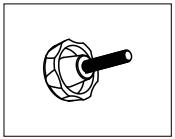
59

＊ 灰色底零件屬8612RP專用零件
Parts colored in grey backgroud are of 8612RP unique parts



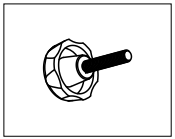
配件明細/Parts List

1



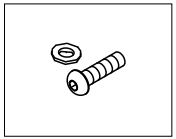
◎梅花旋鈕/ Knob
M10*25-4pcs

2



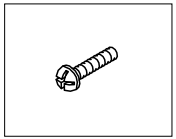
◎ 梅花旋鈕/ Knob
M8*25-2pcs

3



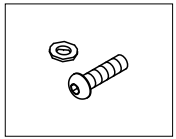
◎半圓頭內六角螺絲/Bolt
M8x60-2pcs
◎墊片/Washer
8x16x2.0-2pcs

4



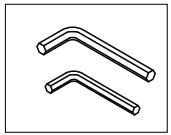
◎大扁頭十字螺絲/Screw
M4x8-8pcs

5



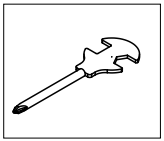
◎半圓頭內六角螺絲/Bolt
M8x25-16pcs
◎墊片/Washer
8x16-16 pcs

6



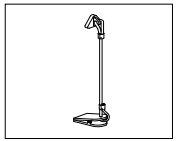
◎ 六角扳手/Hex allen wrench
5mm-1 pc
6mm-1 pc

7



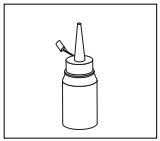
◎ 多功能十字扳手/
Combination Open Wrench
1 pc

8



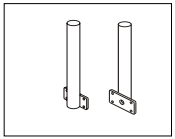
◎ 安全卡/Safety key
1 pc

9



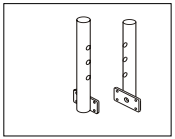
◎ 矽油/Silicone oil
1 pc

10



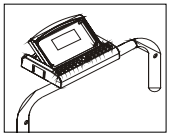
◎ 前立柱底管/
Front post base
2pcs

11



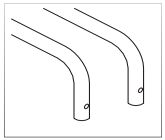
◎後立柱底管/
Rear post base
2pcs

12



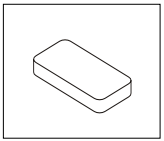
◎ 電子錶前扶手組/
Console&Handle set
1pc

13



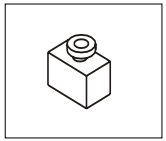
◎左右扶手/
Side hardle bar
2pcs

14



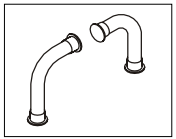
◎扶手墊/Armrest
2 pcs

15



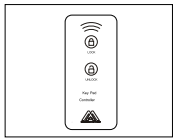
◎ 緊急開關盒/
Emergemcy button
2 pcs

16



◎L型扶手/
L-shape handle
2pcs

17



◎遙控器/
Key Pad Controller
1pc