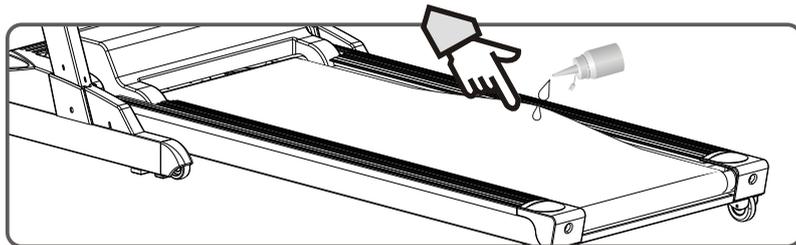


## A. 跑步帶的保養：

為了確保機器的最佳狀態，每使用50小時或1~2個月後，請於跑步帶與跑步板間加上潤滑矽油，請勿加上太多的潤滑油，可能會導致跑步帶打滑。

**Lubrication for the running belt :**

In order to keep the machine in the best condition , please inject some Silicone Oil between the running belt and the running board after 50 hours or 1 To 2 month of use But the running belt may slip , if you lubricate too much .



※ To Lubricate the belt please pull the walking belt up and injection the silicone oil into the gap between belt and walking deck.

## B. 調整跑步帶：

因為每個人使用跑步機的方法不同，會造成跑步帶不平均的鬆動，導致跑步帶偏移，此時您必須將跑步帶調整至正常狀態。

請依下列步驟進行調整：

**Adjusting running belt:**

You need to adjust the walking belt to the normal position per the following steps If it is off . Because it would get loose caused by pursuance usage habit.

# 復健型跑步機

1. 設定速度為3至6公里  
Set Speed at 3 to 6 km.
2. 用六角扳手(6號工具)調整機器支架尾端的螺絲鬆緊度。  
Use allen key to adjust the belt tension bolt on the end cap of the system frame.
3. 如果跑帶偏向右邊 將右邊的螺絲朝順時鐘方向調整。  
If you want to move the belt towards left, turn the right tension bolt clockwise.
4. 如果跑帶偏向左邊，將左邊的螺絲朝順時鐘方向調整。  
If you want to move the belt to wards right, turn the left tension bolt clockwise.

## 提醒您！

若跑步帶沒有偏移時，要調緊跑帶時，請將右邊與左邊的螺絲向順時針方向調整一樣多，才可平衡跑帶。

## REMIND !

You do need to adjust the left tension bolt as much as the right tension bolt in case the belt is not off but too loose.

5. 若已按上述步驟操作仍無法調整時，此跑帶可能已經受損，請洽經銷商更換新的跑帶。  
If you have already done according to the steps above and it is still not at the good range then the running belt should be damaged already, please contact your local dealer for replacement.

