

細讀並了解此重要警告及提醒

READ AND UNDERSTAND THESE WARNINGS AND CAUTIONS

警告 WARNING :

- 為避免火災、觸電、燒傷或受傷，在操作或允許任何人使用跑步機前，要閱讀或充分瞭解以下重要提醒。

In order to reduce the risk of fire, electric shock, burns or injury to any and all persons, read and understand the following important precautions and information before operating or allowing others to operate the treadmill.

- 為避免燒傷、火災、觸電導致受傷，本機器不得在接通電源狀態下放置無人看管，當不使用跑步機或拆裝零件時，要確定插頭已拔除。

To reduce the risk of burns, fire, electric shock, or injury to persons an appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.

危險 DANGER :

- 為減少觸電危險，在使用後或清潔前，必須立即拔除插頭以阻絕電源。
To reduce the risk of electrical shock always unplug this appliance from the electrical outlet immediately after using and before cleaning.
1. 不要在密閉空間使用跑步機，並保持空間無棉絮、毛髮或其他塵屑；請勿在柔軟的表面使用跑步機如床，臥榻所在空氣被阻絕的密閉空間。
Never operate the treadmill with the air openings blocked. Keep the air openings free of lint, hair and the like. Never operate the treadmill on a soft surface such as bed or a couch where the air openings may be blocked.

2. 保持使用機器週邊空間的淨空，勿堆放其他物品。
Never drop or insert any object into any opening.
3. 絕對不允許超過一人以上同時使用跑步機。
Never allow more than one person on the treadmill at a time.
4. 拔掉插頭前應將電源先行關閉。
To disconnect, turn all controls to the off position, then remove plug from outlet.
5. 除非拔除電源線，否則勿移動跑步帶;當電源線或插頭有損壞時，不得使用跑步機。
Never move the walking belt while the power is turned off. Do not operate the treadmill if the power cord or plug is damaged.
6. 當啟動跑步機時，勿站在跑帶上並以低速起步，步上跑帶時應手握扶手，以策安全。
Do not stand on the walking belt when starting the treadmill. Allow belt to start at a slow speed before stepping onto it. Always hold the handrails when stepping onto the belt.
7. 此跑步機可達高速度，調整速度應以小級距調升速度，避免瞬間升高速度。
This treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden jumps in speed.
8. 每3個月定期檢查或拴緊跑步機零件，檢查電源線有無損壞或不當使用，如有損壞都不得使用跑步機。
Inspect and tighten all parts of the treadmill every three months. Inspect the power cord for any damage or abuse. If the power cord is damaged in any way do not use the treadmill.